



Principal
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Dear Students, Parents and Carers,

The NSW Department of Education and Training have approved the recommencement of sport from the beginning of Term 3. All school sports and activities including St George Zone grade, recreational and rotational sport will recommence. These will all follow the current Government health advice and COVID guidelines.

Grade Sport

Students will remain in the same teams and groups that they were in, in Term 1, as the Zone will NOT be running a winter grade competition and will restart with round 3 of the summer competition in week 3. The first 2 weeks of term for grade teams will be training weeks.

Each grade sport will have COVID guidelines that students must abide by. These include the St George Secondary Schools Sports Association Grade Sport Competition Guidelines (listed below). This document was created with the current DoE guidelines.

Recreational Sport

Recreational sport will start in week 1 of term 3 (Wednesday 22nd July). All external venues are complying with current Infection and control guidelines, including Ten Pin Bowling, Ice Skating and Recreational Tennis.

COVID Guidelines

We must comply with safety and hygiene requirements as detailed in the Infection Control Practical Guide for Sport and Physical Activity. For all Sport the Zone has complied the following recommendations:

The following hygiene measures will continue to apply to all sport and physical activities in the St George Secondary Schools Sports Association Grade Sport Competition:

- **Practise good hygiene.**
 - Staff and students are required to wash their hands prior to and at the conclusion of sport and physical activities. Encourage hand hygiene practices at regular intervals as required.

- Maintain respiratory hygiene whilst participating in sport and physical activity, encouraging coughs or sneezes to be covered and tissues to be disposed of immediately. Always wash your hands after having coughed, sneezed or blown your nose.
- Discourage spitting or clearing of nasal or respiratory secretions at all times. No shining of a cricket ball with sweat/saliva.
- **Do not play if unwell.** Students are expected to stay away from school or be collected by a parent/carer should they become unwell during the day. Students should not be participating in sport if they are unwell.
- **Do not share items such as drink bottles or towels.** Students should provide their own personal items such as water bottles, towels, clothing, mouthguards etc as required for competitive sporting activities.
- **Implement cleaning protocols.** All sport and physical activity equipment (including shared equipment and clothing such as school sporting singlets and bibs) must be cleaned at the end of each session. Equipment that cannot be cleaned after each use should not be shared.
- **Environment cleaning.** Standard daily cleans as well as the cleaning of high touch areas should occur within sporting facilities, such as change rooms.
- **Apply standard precautions for infection control.** Staff should continue to adhere to the Infection Control requirements outlined in the [Requirements for All Sport and Physical Activity](#) and [First Aid procedures](#). Protocols for spills of blood and other bodily substances must be followed where any clothing, equipment and surfaces are contaminated by bodily fluid such as blood following a player injury.
- **Avoid shaking hands.** Students should not shake opposition hands at the conclusion of a sport activity.
- **Parents unable to attend Grade Sport.** As per DoE guidelines, parents are unable to attend grade sport at local venues/schools.
- **Council sports grounds have been booked on behalf of the STGSSSA.**

I have contacted all of the venues we have engaged to ensure that they are following NSW State Government and regulatory guidelines in relation to COVID-19.

There may be further changes announced by the State Government and regulatory bodies that impact on how our plans unfold. If this occurs, we will respond accordingly, adjust our plans and communicate this with you.

Yours sincerely

B Kemp

Sports Organiser